

Monthly Parent Support/Educational Workshop Series

Each month we will present a different topic run by different professionals. The Workshops will provide support, education and resources about relevant topics.
Suggested Donation: \$10 per workshop

Navigating the Teen Years: A Workshop on Adolescent Well-being, Substance Use, and Mental Health

by ANTHONY FERRANDINO, LCSW

Wednesday November 29th 6:00 - 7:30

Workshop Overview:

This one-hour workshop will review some of the common issues that adolescents face that can interfere with their development. We will cover ways to identify these issues and steps to take in order to help them get through the teen years and get them the help they need.

Register Now to save your spot: drcarter.sunshinecenter@gmail.com or 631-476-3099



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