

SUNSHINE'S FALL PROGRAMS

SUPPORT-BASED SOCIAL/EMOTIONAL LEARNING



Tuesday Evenings:

SAFE KIDS: 5:00-6:00 pm Ages 5-9

YOUTH LEADERSHIP 6:15-7:15 pm Ages 10-13

TEEN LEADERSHIP 7:30-8:30 pm Ages 13+

*Programs incorporate a weekly parent support component

Monthly topics include:

- Positive social skills
- Healthy relationships
- Self-esteem
- Anger Management
- Positive thinking
- Expressing emotions
- Coping with anxiety
- Communication
- Dealing with Bullying

Wednesday Evenings: 3:30

Young Adult Support Group. *Ages 16+

*Is your teen struggling or need support?
Sometimes teens just need someone to talk to
someone. Maybe we can help!*



Contact Amber to set up your
I.F.A (Initial Family Assessment)

Sunshine Prevention Center
468 Boyle Road Port Jeff Station
(631)476-3099
www.sunshinepreventionctr.org
amber.sunshinecenter@gmail.com
drcarter.sunshinecenter@gmail.com

ADULT & PARENT programs:

*Court-Approved Parenting, Anger Management,
& Substance Abuse Prevention available

NEW – Monthly Parent Support Series

*Professional Speakers addressing topics:
Grandparents Raising Grandchildren, Being affected by
a loved one substance use, Educational Advocacy, Anger
Management for my Family, and more.*