

**You are invited to the last SEPTA General
Assembly Meeting for the year**

May 1st at 6:30 via Zoom

**Dr. Scanlon and Mr. Carlson will present the district's budget
proposal**

**OT students from Stony Brook University will present "All
About Self Regulation"**

"All about self regulation": Self regulation is the ability to adjust your level of alertness and emotion to meet the demands of the environment in a socially acceptable manner. This can be difficult for anyone, but even more difficult for individuals with special needs. Please join the occupational therapy students from Stony Brook University for an educational session as they discuss the background of self regulation, and provide tools and techniques to be used to help your child at home."

Join Zoom Meeting

<https://us06web.zoom.us/j/83602133289>

Meeting ID: 836 0213 3289