

SUNSHINE'S FALL PROGRAMS

SUPPORT-BASED SOCIAL/EMOTIONAL LEARNING



Tuesday Evenings:

Ages 5-9* **SAFE KIDS:** 5:00-6:00 pm

Ages 10-13* **YOUTH LEADERSHIP** 6:15-7:15 pm

Ages 13-17* **TEEN LEADERSHIP** 7:30-8:30 pm

Ages 18+ **CO-ED** 3:30-4:30 pm

*Programs incorporate a weekly parent support component

These programs have a monthly social skills topic that focuses on:

- Positive social skills
- Healthy relationships
- Self-esteem &
- Self-acceptance
- Positive thinking
- Expressing emotions
- Coping with anxiety
- Communication
- Dealing with problems

Wednesday Evenings: Young Adult Support Group

*Ages 16+ 3:30-4:30 PM

ADULT & PARENT Programs:

*Court-Approved Parenting, Anger Management, & Substance Abuse Prevention available
Individual sessions. Times Vary.

Contact to set up your I.F.A (Initial Family Assessment)

Sunshine Prevention Center
468 Boyle Road Port Jeff Station
(631)476-3099
www.sunshinepreventionctr.org
shine1@optonline.net

