

Flex Camp

camp throughout the summer for the 4 week rate. At your convenience.



**TENNIS
SUMMER
CAMP 2021**

68 THOUSAND HITS AGO
WE WERE BEGINNERS

TRAIN AT
GameSetMatch
Tennis Academy

NOW WE'RE
CHAMPIONS

**Early Bird discount
until April 30th**

**NOW Available
Flex Camp**

RESERVE YOUR SPOT TODAY
TEXT (631) 682-4079

LONG ISLAND HEALTH & RACKET
384 Mark Tree Road E Setauket, NY 11733
worldgymsetauket.com

FOCUS
SPEED
POWER

LONG ISLAND
HEALTH & RACKET
Racquet & Sports Arena
384 Mark Tree Road
E. Setauket, NY 11733 |
Tel: (631) 751-6100
worldgymsetauket.com

REGISTRATION

Camper's Name: _____

Parents Name: _____

Address: _____

City: _____

Cell Phone: _____

Work Phone: _____

Email: _____

DOB: _____

DAYS ATTENDING

M T W TH F FULL WEEK

WEEK ATTENDING

1 2 3 4 5 6 7 8 9

INDICATE APPROPRIATE CAMP

Full Day Half Day Split Day Flex Camp

Cost: _____ Total: _____

Deposit: _____

Balance: _____

**ALL PAYMENTS ARE
NON REFUNDABLE
THERE ARE NO EXCEPTIONS**

IN THE EVENT OF ANY CANCELLATION, A WORLD GYM CREDIT GIFT CERTIFICATE WILL BE ISSUED AFTER A MANAGER'S APPROVAL

Card Holder Name: _____

Credit Card # _____ Exp. Date: _____

Signature: _____ Code # _____



1 Flex Camp

Choose any 20 days of tennis camp throughout the summer for the 4 week rate. At your convenience.



2 10 & Under Training Camp

Ages 6-10. Students are grouped based on ability. Drills, points and match play with a control focus each week. Kids have a great opportunity to take their game to the next level.

3 JV Varsity Camp

HARDER SERVES, BETTER VOLLEYS, MORE WINNERS!
Ages 9-17. Our advanced tennis program will enhance your fitness level, mental strategy, as well as your physical game. The schedule is centered around the varsity and tournament level player.

General Schedule

Schedule	
09:00-09:20	Warm up & Stretching
09:20-10:00	Stroke analysis with live ball drills, emphasizing control & consistency
10:00-11:00	Fast paced drills-balance & quickness
11:00-11:15	Snack Break
11:15-12:00	Doubles Games & Strategy
12:00-12:45	Sport activity or fitness training
12:45-01:45	Lunch & Swim
01:45-3:30	Competitive match play & strategic analysis, Tournaments & Inter-Clubs

Full day, 10 & under & Advanced Training Camp Rates

1 Week \$490	4 Weeks \$1,800	7 Weeks \$2,940
2 Weeks \$950	5 Weeks \$2,200	8 Weeks \$3,280
3 Weeks \$1,380	6 Weeks \$2,580	9 Weeks \$3,600

Daily Rate: \$115

4 Split Tennis Camp

Split Camp 9am-3:30pm (8:50am drop off preferred for mandatory sign in for attendance and lunch list) Morning half day tennis-Afternoon, general or sports camp **Ages 4-15** Includes lunch, free swim and other sports and games

Split Camp Rates

1 Week \$460	4 Weeks \$1,645	7 Weeks \$2,700
2 Weeks \$870	5 Weeks \$2,000	8 Weeks \$3,000
3 Weeks \$1,260	6 Weeks \$2,360	9 Weeks \$3,375

Daily Rate: \$105

Price Includes: Camp, Lunch, Snacks, Drinks & T-shirt

5 Half Day Tennis Camp

Ages 4 to 17 Tennis lessons and drills for all abilities 9am-12 noon. Includes a snack and drink break \$62 Daily rate \$300 weekly rate

Tennis Camp Sessions

1 Session	June 28 - July 3
2 Session	July 7 - July 11
3 Session	July 14 - July 18
4 Session	July 21 - July 25
5 Session	July 28 - August 2
6 Session	August 5 - August 9
7 Session	August 12 - August 16
8 Session	August 19 - August 23
9 Session	August 26 - August 29

Long Island Health & Racquet *Setauket*



Welcome

To Game Set Match Tennis Camp. Located on Long Island's prestigious North Shore in East Setauket GSM is set on 10 acres of beautifully wooded landscape with a state-of-the-art indoor/outdoor facility. We have 9 indoor, 7 outdoor har-tru tennis courts, a turf arena, outdoor pool, & Parisi Speed School.

Our Tennis Programs

Incorporates a wide variety of teaching methods and training techniques for the "adolescent beginner" to the "tournament varsity player". Our curriculum is designed to motivate campers to develop the fundamental skills they need to become better players. Whether it is teaching hand/eye coordination, or serious athletic training, we emphasize the development of a positive mental attitude. This is the primary reason that our players see success on the tennis court, in USA tournaments and with junior rankings.



LEARN FROM THE BEST High Performance Coaches GET FIT WITH FRIENDS AND FAMILY



Includes Camp • Lunch • Snacks • Drinks • T-shirt