

**Setauket School
Site Based Team Meeting**

Site-based Team Meeting Minutes
January 10, 2007

Members Present: Dr. Rullan
 Mr. Marino
 Mrs. Caine
 Mrs. Jones
 Mrs. Sanders
 Mrs. Deaver
 Ms. Allen

Absent: Mrs. Seyfert
 Miss Barneo

Next Month: Recorder: Mrs. Caine
 Facilitator: Mrs. Jones

1. Healthy Walk Monthly Calendars

Ms. Andrea Allen sat in and reported as a wellness representative. She has been gathering parent volunteers to help collect the monthly calendars. She has 1/2 of the classes covered. For the classes not covered, she will gather the December calendars and tally up the minutes for each class herself.

There will be a flyer going out to recruit additional parent volunteers. Attaching the January calendar to the flyer was discussed, but then decided against due to copying costs. Instead, extra copies of calendars will be available at the Security Desk, starting with 100 copies, for anyone who needs a copy of the calendar.

Ms. Allen will also make an announcement at the PTA meeting on January 25, and put a reminder in Signals.

Other suggestions/concerns:

Have the PTA put something to remind the parents weekly

Some parents did not know to turn the calendar over

Make sure parents know that the healthy walk is alternating Tuesdays and Thursdays once a week.

They can include any kind of exercise minutes on the calendar.

Make a poster size calendar for Dr. Rullan and Mr. Marino to hang on their office doors and keep track of their minutes. This might encourage the children. Suggest that teachers do the same.

Have a suggestion box for next month's calendar daily ideas

Dr. Rullan suggested that on a beautiful day, have a school-wide or grade-level walk. Everyone present earns a sneaker charm. This might encourage children. Or have a class sponsor a walk, and the teacher of that class comes. Have a theme for the walk.

2. Wellness Representative

Ms. Allen asked for further direction for the role of Wellness Representative.

Suggestions:

Research and come up with alternatives for new rules concerning food in the classrooms. Help parents come up with suggestions as to what they can do instead of foods for birthdays. Have a list of foods that are allowed to come in (nutritional labels, not home made, etc)

1st Grade teachers are already coming up with alternatives such as do a craft, read a book, instead of bringing in treats.

Wellness Committee Newsletter

Teachers group wellness committee join with parents group?

Help with Spirit Week and Pep Rally

3. Spirit Week/Pep Rally in May

Things that will be needed:

Organize games, getting things there, water, setting up games,
Want to make improvements from last year.

It started with Fitness month last year and it ended with the PepRally.
It is hard to staff a daily walk, we could ask for parent volunteers or class sponsors.

At PTA meeting, Ms. Allen will send out a list for volunteers

For May's Fitness month – come up with fun events

Suggestions:

- maybe daily healthy walk
- parent/teacher volleyball game, tennis racket softball
- jump rope fundraiser
- tap into community people –
 - Put a notice in Signals?
- after school for children
 - Yoga instructors,
 - Ms. Allen knows a ‘movement’ teacher who might teach to the children
 - Aerobics, etc.
- parent evening talks – about physical health
 - Last year, Lois Chait sponsored Heart Links for parents. Setauket can host it. Get the word out.

Gym is not user friendly, make room for spectators if we are to have a teacher/parent/student game. Have children sign up ahead of time for a game? Dr. Rullan will ‘feel it out’

4. Soccer Net

Mr. Marino showed the catalog pages containing different kinds of soccer nets and prices. The school receives 30% off the catalog price. \$1750 for the portable net with 30% off.

Dr. Rullan commented that in April, the 6th grade did a community service and they did a 3K run fundraiser. Perhaps Site Base can help in that way and then give back to the school with the raised funds.

Mrs. Sanders can find out what size the soccer fields use where her children play soccer. Mr. Marino will ask the PE teachers/Don Wenster what they recommend.

Site Base budget is almost used for this year. The Pep Rally will cost approx. \$200 for water, ribbons, clothespins, popcorn machine (?)
They have materials left from last year to use again this year.

5. Summary and Actions:

Mr. Marino will contact Don Webster and our own Phys Ed teachers concerning what would be the best equipment for the playground fields.

All: Look for fitness people in the community who might like to participate in Fitness month.

Ms. Allen: Tally December numbers on calendars and send out a flyer for January calendar minutes. She will look into suggestions mentioned and newsletter idea.

For Feb – healthy walk/calendar sponsored by 4th grade. Ask 4th grade teachers to participate

Dr. Rullan will ask teachers and class to sponsor healthy walk for March

Mrs. Jones will start preparing the February fitness calendars

Dr. Rullan and Mr. Marino will hang up their fitness calendars ‘poster size’ on their doors.

Meeting adjourned 4:45 pm

Next meeting: February 7, 2007