

Parent Start Time Survey Fall 2023

Number of Students Represented in Survey

2,014

Total # of

Elementary Students

Represented in **Parent Survey** Data

Total # of

Junior High Students

Represented in Parent Survey Data

Total # of

High School Students

Represented in Parent Survey Data

Response Rate:

36%

1233 completed household responses

(out of 3458 total households in district)

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1,015

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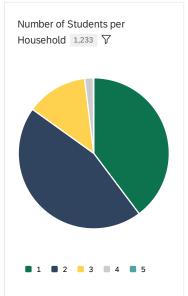
510

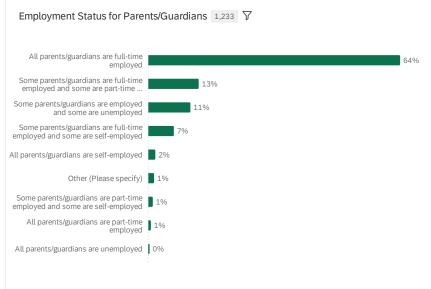
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489

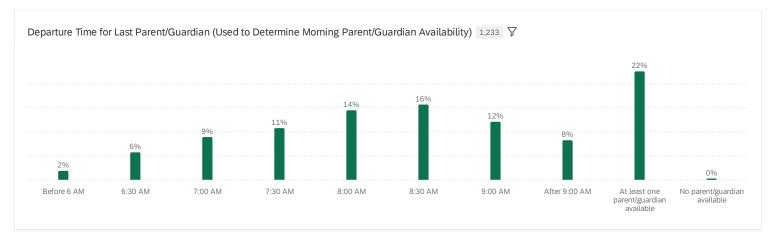
Household Questions

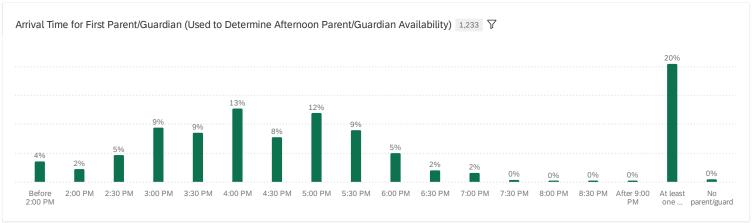
Each parent/guardian answered the following questions for the entire household.

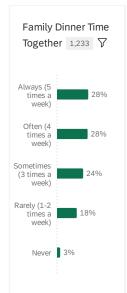


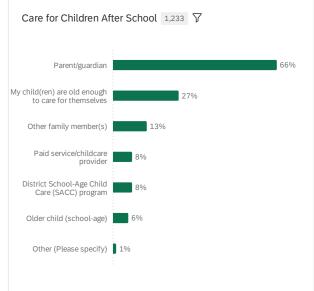


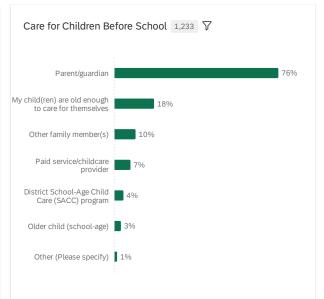


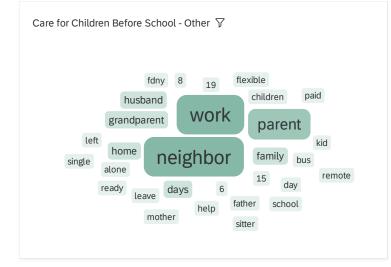


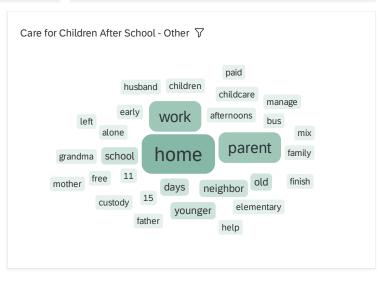






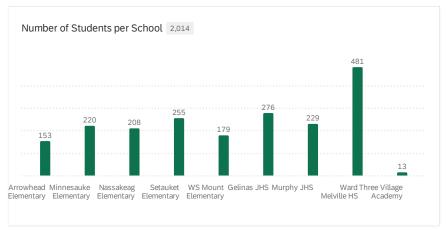


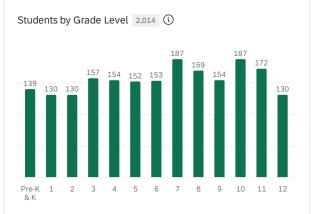


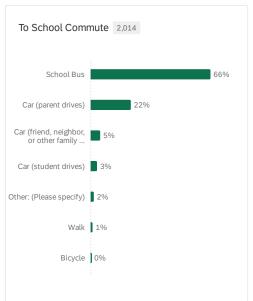


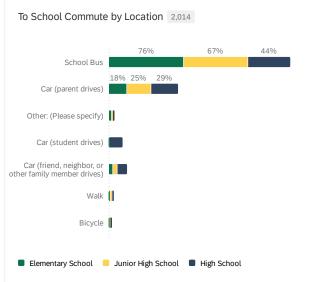
Student Questions

Parents answered the following questions individually for each child in their household.

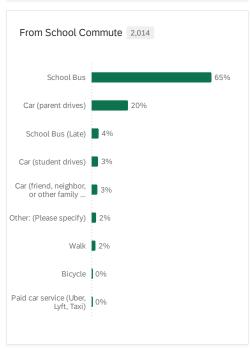


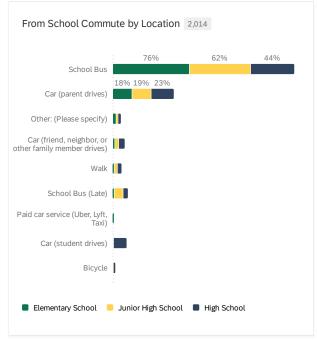








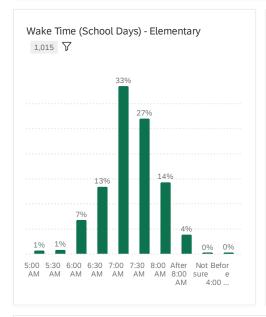


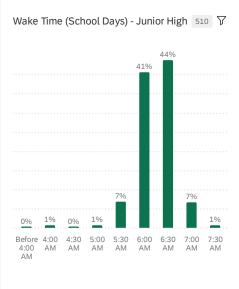


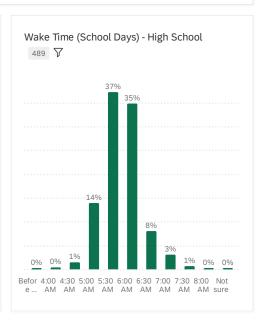


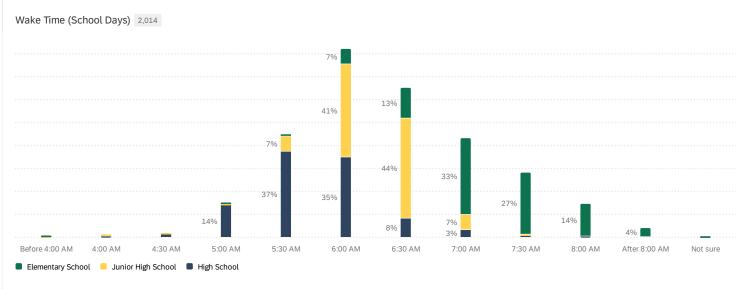
Student Wake Times

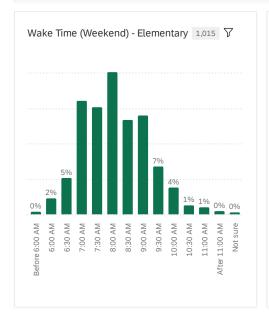
School Nights and Weekends

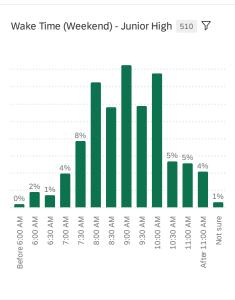


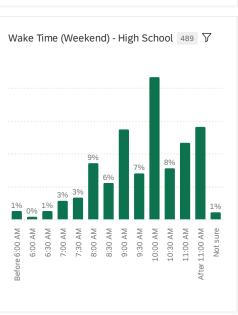


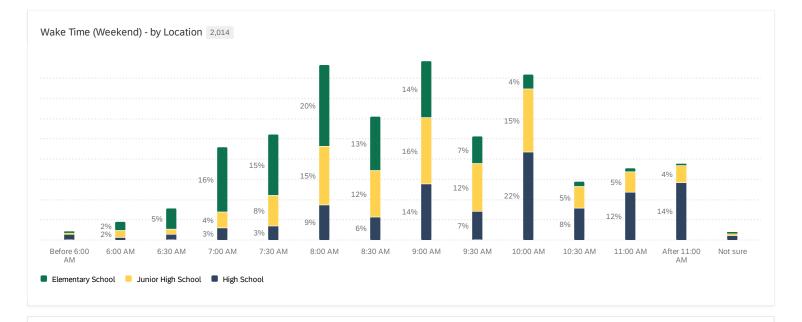






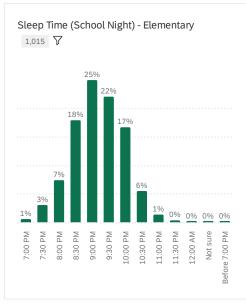


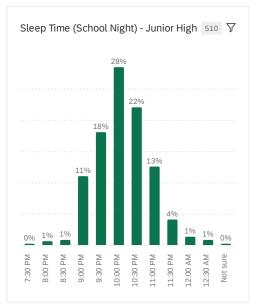


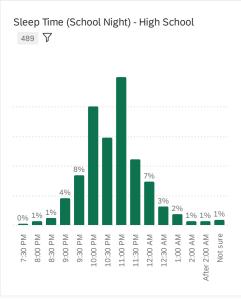


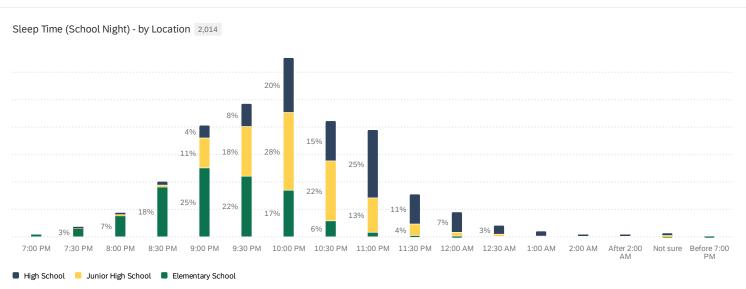
Sleep Time

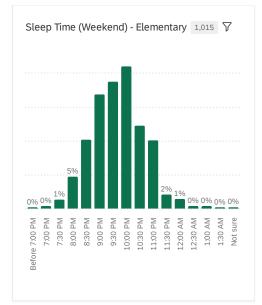
School Nights and Weekends

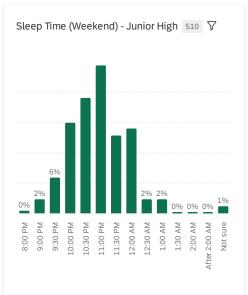


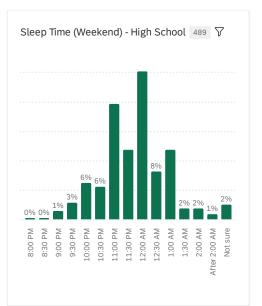


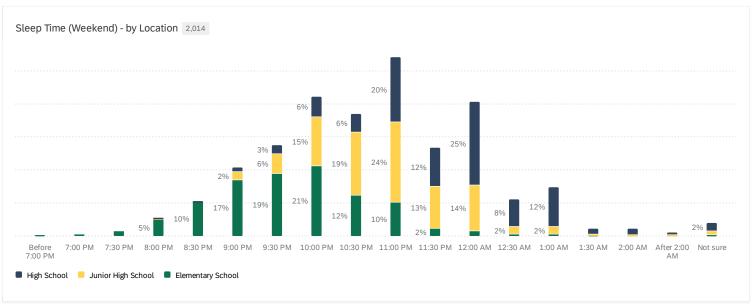




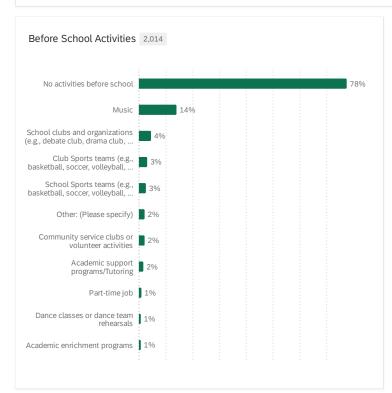


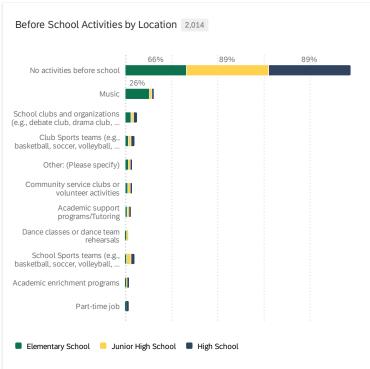


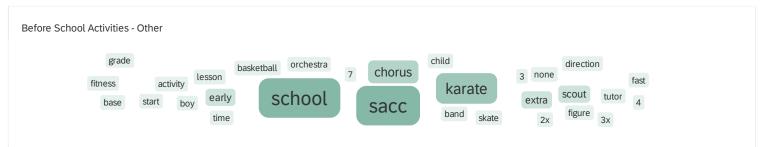


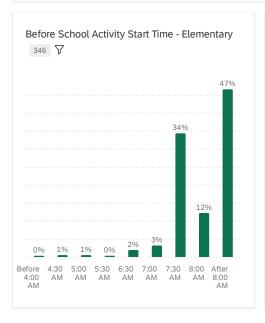


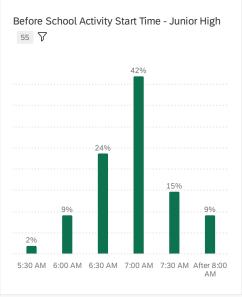
Before School Activities

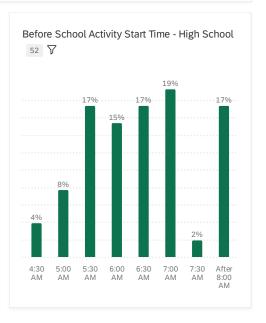






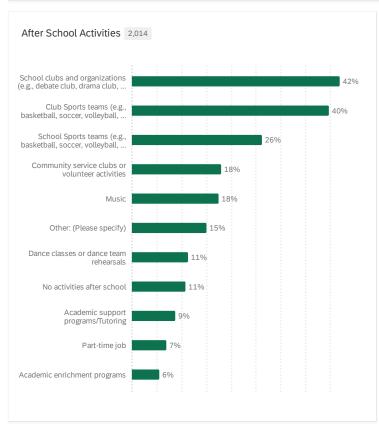


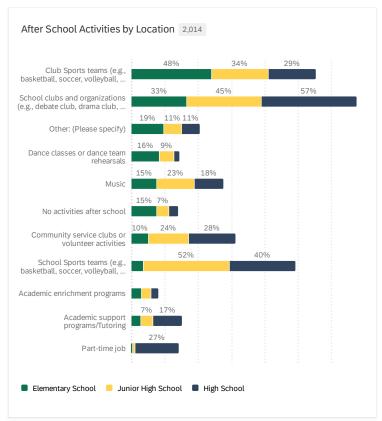




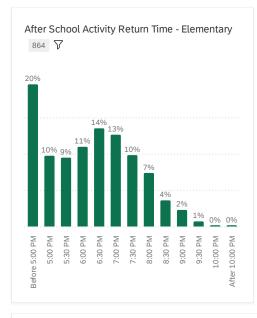


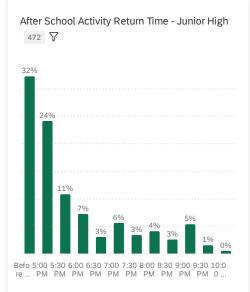
After School Activities

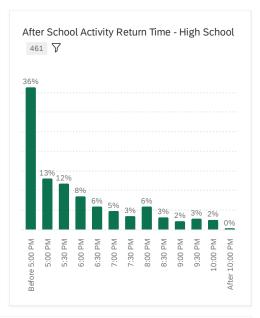


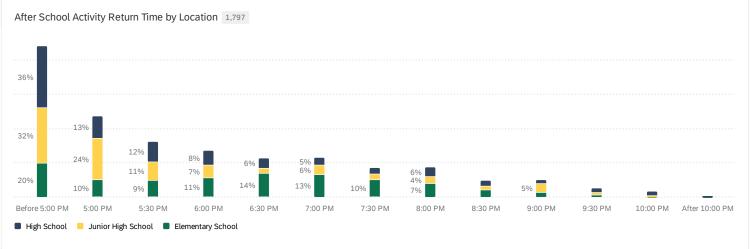


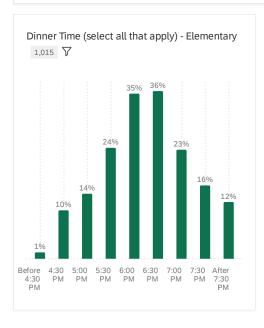




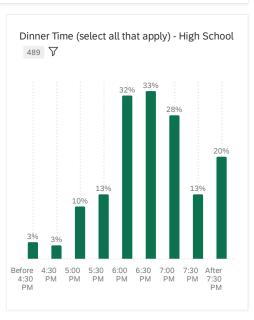


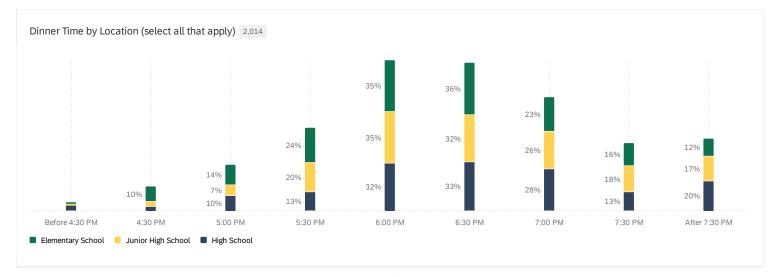


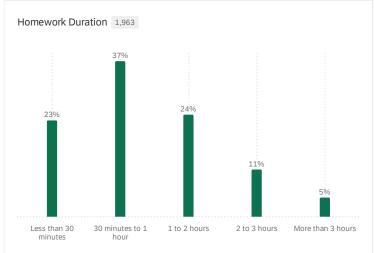


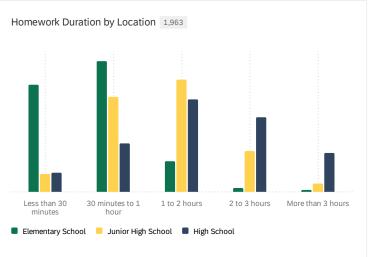












Sleep Habits

With proposed later school start times, we understand the importance of maintaining healthy sleep habits, such as regular bedtimes, a comfortable sleep environment, and avoiding screen exposure or caffeine before bedtime. Such habits will help students get the best and most restful sleep possible. How does your family plan to support and help this child improve their sleep habits? Your responses will assist us in designing programming for Parent University to provide guidance and support to families, as needed.

