



THREE VILLAGE
CENTRAL SCHOOL DISTRICT
Child Nutrition Office
Answers your Questions on
Free and Reduced Lunch

Who Can Apply?

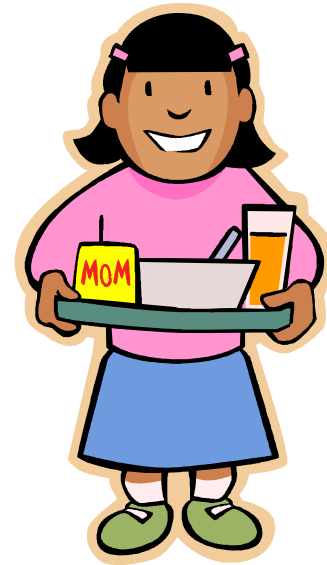
How to Apply?

Free or Reduced ?

Under this program, what is your child entitled to for lunch?

Who Can Apply?

- Children from households that meet the Federal income guidelines are eligible for free meals or reduced price meals.
- You can apply anytime during the school year. You must reapply each year even if you are approved.



ONE WAY TO APPLY

Complete an Application for Free and Reduced Price School Meals and mail or bring it to the Child Nutrition Office.

Be sure to fill out all the information and sign the application. Unsigned applications cannot be processed.

Your application is processed as soon as possible and you are notified quickly.



Our address is
Three Village Central School District
Child Nutrition Office Rm. 37
100 Suffolk Ave.
Stony Brook, N.Y. 11790
703-4505
childn@3villagecsd.org

We are open 7:30a.m.-3:00p.m. Monday thru Friday.
All your information is kept completely confidential.

Applications are mailed home in August. Applications can also be found under the Child Nutrition section of the Three Village Central School website. If you have any questions, please give us a call.

Another Way to Apply

You can get a Direct Certification Letter from New York State Office of Temporary and Disability Assistance. Bring the Direct Certification Letter to the Child Nutrition Office or to your school social worker.

All children who are listed on the letter are eligible for free meals. If you have children that live in your household who are not listed on the letter, they are not automatically eligible for free meals. You cannot handwrite their names on the form. You should fill out an application to see if they qualify.





Households that meet the income requirements set up by the Federal Government are entitled to the following:

1 Free complete lunch per school day

or

1 Reduced price complete lunch at a cost of **\$.25**

Breakfast

In the Jr. High and High School Buildings, breakfast is also available. Students in these buildings can receive both breakfast and lunch. Students who qualify as free receive free breakfast and a free lunch each day. Students who qualify for reduced price lunch can receive a reduced price breakfast for \$.25 per day plus a reduced price lunch for \$.25 per day.



What is a Complete Lunch?

- A complete lunch consists of at least 3 of 5 components that are offered daily, but preferably all five
- The components include:
 1. Meat or meat alternative
 2. Vegetable
 3. Fruit and/or 100% fruit juice
 4. Grain (pasta, rice, bread, etc.)
 5. Milk – 1% milk or low fat flavored milk

In addition to the meal of the day, your children also have sandwiches and salads to choose from. They will still need to make a complete lunch by taking at least 3 of the 5 components.

For example:

A sandwich qualifies for 2 components; meat and grains. At least one more item would need to be chosen to make a complete lunch.

Our friendly Food Service employees will always recommend that students take the required number of components.

IF 3 OF THE 5 COMPONENTS ARE NOT CHOSEN, THE MEAL IS NOT A COMPLETE MEAL AND WOULD HAVE TO BE PAID AT ALA CARTE PRICES.

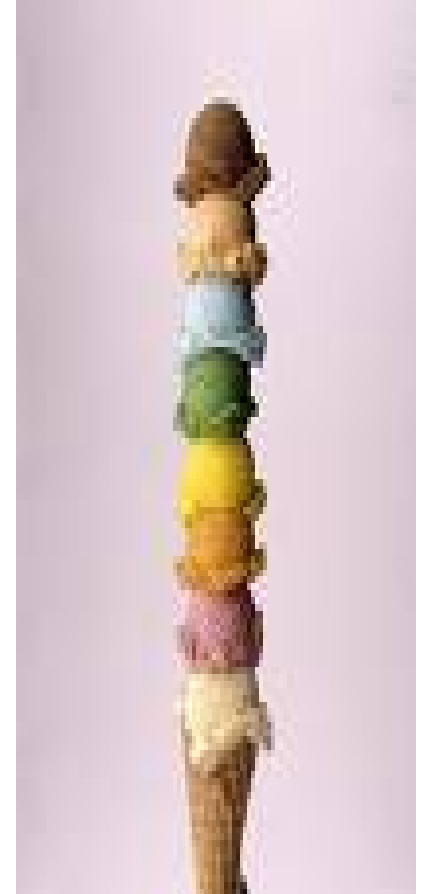


Items that are not part of the complete lunch

Snacks such as chips, ice cream and cookies are not part of the complete lunch

Drinks other than milk (8 oz) and 100% fruit juice (4 oz) are not part of the complete lunch

If you have a question on the complete lunch, please call or email us.





Answers to frequently asked questions

- Complete only “1” application per household no matter how many people are in your household
- You may apply any time during the school year and also reapply if your situation changes or your household size changes
- You must include all people (you, all children, grandparents, friends, family) living in your household whether or not related to you
- If your income can be different amounts, list the amount that you normally get paid. If you normally get overtime, include it, but do not if you get it only sometimes
- The lunch benefit you are approved for at the time of application is effective for the entire school year

CONFIDENTIALITY

All your information is kept completely confidential. All students are assigned a pin number. Your child punches in their number on the pin pad at the register on the lunch line. No one asks your child if they are free, reduced or paid. All students can have a prepaid account. Prepaid accounts eliminate the need for students to carry money to school. Prepaid accounts can be used for regular “paid” lunches, reduced lunches and to purchase ala carte items. You can prepay the lunch amounts by sending in a check or going to mylunchmoney.com and using your credit card.

If your child is eligible for free or reduced price meals, they may be eligible for other benefits. In order to receive them, your application has a section called **“Consent to release free or reduced price eligibility information”** where you must provide written consent to permit school officials to give your name, address and an indication that your household receives free and reduced meals to representative of certain programs.

If you do not give consent, your information will not be released to representatives of other programs. If you did not fill out the consent to release form you still can. Please call us and we will mail one to you.

If you have any questions about the school lunch program please call or email us. We are happy to answer any questions you have. We can be reached at 730-4505, 7:30-3:00 Monday through Friday or Email us at childn@3villagecsd.org

