



**DAILY (SALADS ARE TUES WED THURS) ELEMENTARY ALTERNATIVE ENTREES OFFERED.**



**OTHER ENTREES AVAILABLE DAILY, ALL INCLUDE  
FRUIT AND VEGETABLE OF THE DAY AS WELL AS MILK**

- SANDWICH TURKEY SANDWICH
- WHOLE WHEAT BAGEL WITH CHEESE
- SANDWICH, HAM
- SANDWICH, PEANUT BUTTER
- SANDWICH, TUNA
- UNCRUSTABLE WHEAT PEANUT BUTTER AND GRAPE JELLY
- Twin Yogurt with the graham crackers
- Salad Platters offered Tues., Wed., Thurs**
- Fresh tossed salad with 2 oz cheese
- Fresh tossed salad with 2 oz tuna
- Fruit (varies) and 2 oz cheese plus graham crackers

<b><u>DESCRIPTION</u></b>
whole wheat bread, 2 oz turkey
whole wheat bagel, 2 oz cheese
whole wheat bread, 2 oz ham
whole wheat bread, 2 oz peanut butter
whole wheat bread, 2 oz tuna
made with whole wheat, peanut butter and grape jelly
2 - 4 oz containers, graham crackers
fresh tossed salad contains romaine lettuce and may contain tomato, cucumbers, peppers, carrots
fruit of the season, 2 oz cheese, graham crackers

<b><u>Cal</u></b>	<b><u>Grams of CARBS</u></b>	<b>X' DENOTES IF ENTRÉE CONTAINS ALLERGEN</b>							
		<b><u>milk</u></b>	<b><u>egg</u></b>	<b><u>peanu</u></b>	<b><u>tree nut</u></b>	<b><u>fish</u></b>	<b><u>shellfish</u></b>	<b><u>soy</u></b>	<b><u>wheat</u></b>
198	29.35							X	X
260	52	X							X
223	30.35							X	X
342	34.66			X				X	X
284	31.6	X				X		X	X
580	55			X				X	X
180	38	X						X	X
228	11.14	X							
311	11.97	X				X			
376	41.22	X						X	X