

BREAKFAST SERVED DAILY

Studies conclude that students who eat school breakfast increase their math and reading scores as well as improve their speed and memory in cognitive tests. Research also shows that children who eat breakfast at school - closer to class and test-taking time - perform better on standardized tests than those who skip breakfast or eat breakfast at home.

All free and reduced children are eligible for breakfast and lunch. Reduced children pay \$.25 for both breakfast and lunch.

MENU OPTIONS

Choice of Cereal with Milk and Graham Crackers
Bacon and Egg on a Whole Wheat Kaiser Roll
Egg on a Whole Wheat Kaiser Roll Roll
Whole Wheat Kaiser Roll/Butter
Assorted Bagels/Cream Cheese or Butter

Subject to Availability

French Toast Sticks
Breakfast Tacos
Pancakes

All Entrees Served with 1% Low Fat Milk , 1% Chocolate Low Fat Milk or Orange, Apple or Grape Juice

SECONDARY ONLY

\$1.00 COLD

\$1.25 HOT

Reduced Meals - \$.25

