



RECREATION RESOURCES



These organizations are for your reference only. Inclusion on this list does not constitute an endorsement by the Three Village Central School District

ACDS (Association for Children with Down Syndrome)

4 Fern Place

Plainview, NY 11803

516-933-4700 x 111

www.acds.org

Ages 14 and up

Respite Program/ Recreation Activities

ACDS offers a summer adventure program. This is a respite program giving individuals the opportunity to develop independence, enjoy recreational activities and practice their daily living skills. The unique program has been designed to give children a summer adventure either before typical summer programs start or after summer programs end and before the school year begins.

ACLD (Adults and Children with Learning and Developmental Disabilities)

807 South Oyster Bay Rd.

Bethpage, NY 11714

Contact Melville office: 631-940-2720

www.aclد.org

Ages 12 to Adult

Summer camp, summer vacations, peer group interactions, unique activities

ACLD's mission is to support the pursuit of a viable life for people with developmental disabilities by assisting individuals to make meaningful choices, develop significant relationships and have productive, healthy and enjoyable lives.

AHA (Asperger Syndrome and High Functioning Autism Association)

189 Wheatley Rd.

Brookville, NY 11545

888-918-9198

info@ahany.org

www.ahany.org

Children and Adults

Support groups, social skills groups, bowling, an annual family picnic and golf outing, yoga

AHA is a New York non-profit organization providing information and support for families, individuals and professionals affected by Asperger's Syndrome, High Functioning Autism and other Pervasive Developmental Disorders since 1988.

Teen Group—Social Coping: Held at the Fay J. Linder Center for Autism and Developmental Disabilities, Brookville, NY

Description: Eight week teen group for high functioning teens who are conversationally verbal on the autism spectrum. Topics covered include friendship skills, conversational skills, self understanding, coping with anxiety, anger and other emotions dealing with bullying, cliques and other school issues.

AHRC SUFFOLK

2900 Veterans Memorial Hwy.

Bohemia, NY 11716

631-585-0100

info@suffolkahrc.org

Children through Adults

AHRC is a not-for-profit member based organization. The mission of AHRC is to teach, support and advocate for children and teens with intellectual and other developmental disabilities to make life choices, exercise independence and develop responsibility.

Boy Scouts of America (BSA)

Benjamin Tallmadge District

7 Scouting Blvd.

Medford, NY 11763

631-924-7000

Contact Ralph Weidler: 631-473-2380

www.scouting.org

Ages 6 to Adult

Various special needs programs for young adults and adults

Boy Scouts of America is one of the nation's largest and most prominent values-based youth development organizations. BSA provides a program for young people that builds character, trains them in the responsibilities of participating citizenship, and develops personal fitness.

Camp Huntington

56 Bruceville Rd.

High Falls, NY 12440

212-678-0089

866-514-5281

www.camphuntington.com

Serving those with Learning and Developmental Disabilities, ADD/HD, Autism Spectrum Disorders, Asperger's, Pervasive Developmental Disorder (PDD) and other special needs.

Camp Huntington is a summer recreation program for the learning and developmentally disabled. Camp Huntington's goal is to encourage each camper to be the best that he/she can be. This camp offers three distinct, specially designed programs to meet the needs of a wide variety of special needs children:

- Recreation and social skills development for children with learning disabilities and attention deficit disorder or hyperactivity disorder
- Independence for the developmentally disabled
- Participation for children with autism, Asperger's and PDD.

The programs contain specific approaches that address key social, emotional and environmental issues for each disability group. The camper programs are blended together within groups and are located on campus to encourage positive social and emotional exchanges between campers.

Camp Northstar (This is a free camp.)

157 Monell Ave.

Islip, NY 11751

631-806-8990

www.campnorthstar.org

Located on Shelter Island, Camp Northstar offers the opportunity to enjoy a unique camping experience and the chance to spend a great week away from home. Camp Northstar is a week long sleep-away camp staffed and run by volunteers.

Respite Weekends: Designed for families having a family member with a developmental disability living at home. They provide a much needed break for families and allow the family member to enjoy a positive, fun, camp-like vacation.

Family Weekends: Family weekends allow entire families the opportunity to vacation together. Camp Northstar provides an enjoyable, safe atmosphere for families to spend time, and an opportunity to bond as a family as well as network with other families.

Camp Northstar is a 510© (3) organization and is completely funded through grants, donations, and community support. Campers and families are never charged to attend camp.

Camp Northwood

132 State Rt 365

Remsen, NY 13438

315-831-3621

www.nwood.com

Autism Spectrum, Learning Challenged and Socially Immature.

Ages 8-18

Summer Camp and Summer Programs

Since 1976, Camp Northwood and The Northwood Center have been providing quality programming to a coed population of 165 socially immature, learning challenged children in need of structure and individualized attention. Camp Northwood offers 2:1 camper/counselor ratio, non-competitive recreational programming and intentional focus on social skills development that enables students to experience acceptance in a thriving camp community. The Camp Northwood program is based on the philosophy that every child needs to experience success in order to develop social confidence. Camp Northwood provides a support system that allows children to have successful experiences while participating in a variety of traditional camping activities.

Camp Pa-Qua-Tuck

2 Chetswezey Rd.

P.O. Box 677

Center Moriches, NY 11934

631-878-1070

www.camppaquatuck.org

camppaquatuck@optonline.net

All special needs (physical and developmental) Children 12-16 and Young Adults 17-21
Respite Summer Camp, Sleep Away for a Week, and Weekend Respite once a month.
Camp Pa-Qua-Tuck of New York provides recreational and respite care activities in a camp setting. The camp provides opportunities for social and personal growth within a supportive environment. Campers learn to try a variety of creative and challenging activities and experience success. Campers develop enhanced self esteem which carries over to work, home, or school environments.

Camp Ramapo

P.O. Box 266

Route 52 Salisbury Turnpike

Rhinebeck, NY 12572

office@ramapoforchildren.org

www.ramapoforchildren.org

Contact: Jennifer Steiner, Camp Director 845-876-8403

Youth with autism spectrum disorders, LD, emotional and behavioral problems and ADD

This summer camp is ideal for youth who benefit from increased structure and supervision. The program is focused on the development of positive social and self help skills, forming productive relationships, and having fun in a safe and well cared for environment.

Club House of Suffolk

939 Johnson Ave.

PO Box 373

Ronkonkoma, NY 11779

631-471-7242

Synergy Center

1380 Roanoke Ave.

Riverhead, NY 11901

631-369-0022

Assists people whose lives are affected by serious mental illness to lead healthy, productive, and satisfying roles and lifestyles. Young adult programs are available.

CHADD National Resource Center on AD/HD

PO Box 414

Centereach, NY 11720

631-981-9270

www.chadd.net

Suffolk-county@chadd.net

Contact LTibett@polyrnd.com for membership info

CHADD is a national non-profit organization designed to assist individuals with AD/HD and their families. CHADD has over 11,000 local chapters around the country which offer support for parents, adults with ADHD, educators, professionals and others. They offer a seven-week parent to parent education program and operate the CDC funded National Resource Center on ADHD.

Cody Center for Autism and Developmental Disabilities

Stony Brook University

5 Medical Drive

Port Jefferson Station, NY 11776-1601

631-632-3070

Contact Ellen Woodward 631-632-3127

Shirley.woodward@stonybrook.edu

Lynne Barnett 631-632-8983

lynne.barnett@stonybrook.edu

The Cody Center for Autism and Developmental Disabilities at Stony Brook University was founded in 2001. The mission of the Cody Center is to promote excellence in clinical treatment, research, community service and educational programs benefiting those with Autism Spectrum Disorders and related developmental disabilities.

Young Adult groups ages 18 and over attend movies and comedy shows, a super bowl party, sports events and bowling.

Doug Flutie Jr. Foundation for Autism

C.W. Post Campus

720 Northern Blvd.

Brookville, NY 11548-1326

516-299-2231

CCi@cwpost.liu.edu

Contact Stephanie York

Ages 5-17

A skills and support group meets weekly, focusing on providing leisure, communication and social skills to children with autism. Siblings attend a one hour support session. Groups are then combined so that all children meet and participate in an inclusive recreation program.

Friendship Circle

821 Hawkins Ave.

Lake Grove, NY 11755

631-585-0521

www.chabadsb.com/friendshipcircle

The Friendship Circle reaches out and extends a helping hand to families who have children with special needs and involves them in a full range of Jewish and social experiences. The circle introduces teenage volunteers to the children through shared experiences.

FREE

Family Wellness and Community Services

120 Plant Ave.

Hauppauge, NY 11788

www.familyres.org

631-273-1300

FREE is among the largest and longest established not-for-profit providers of innovative services for children and adults with developmental disabilities and/or mental illness or traumatic brain injury on Long Island. They recognize that every person has a unique set of needs, interests and goals. Their hallmark strength is the ability to create highly personalized services for each individual, drawing from one of the regions most diverse array of services and supports.

Saddle Rock Ranch: Operated by Family Residences and Essential Enterprises, Inc. (FREE) since 2004, the Ranch offers opportunities for people of all ages and abilities to experience equestrian activities, including therapeutic riding lessons and equine care in a safe and comfortable environment. In addition, Saddle Rock's varied Day Services give adults with developmental and emotional challenges the chance to learn agricultural skills, small and large animal care and skills associated with operating a bed and breakfast.

For more information, please call: Equestrian Activities and Volunteering Ranch Office
631-205-0432.

Gersh Academy: West Hills Day Camp

150 Broadhollow Rd.

Suite 120

Melville, NY 11747

631-385-3342

Contact: Sheryl Klevin 631-385-3342 x 14 skleven@gershacademy.org

Children ages 5-13 diagnosed with autism spectrum disorder, Asperger's syndrome, ADD, ADHD, OCD, non-verbal learning disability and depression

Summer camp offering 4-8 week sessions, full day programs from 9:00am-4:00pm, includes swimming, rock climbing, miniature golf, music and drama, fishing/boating, soccer, softball, playgrounds, basketball, arts and crafts and computer games with instruction.

HANDS

2206 Nicole Dr.

Port Jefferson Station, NY 11766

Contact: Carol Gagonin 631-567-4030

Physically disabled adults, 18 and up

Founded in 1972, HANDS provides emotional and practical support for adults and older youths with disabilities to include groups, socials and crafts.

Hofstra University Youth Program

250 Hofstra University

Hempstead, NY 11549

Ce-camps@hofstra.edu

www.hofstra.edu/camp

Camp Contact: Terence Ryan, director of Summer Camps 516-463-CAMP

Ages 12-21

www.hofstra.edu/youth

Classes Contact: Jessica Hanson, Youth Saturday Program 516-463-7200

Ages 16 and up

The **REACH** program is an opportunity for campers with various disabilities to experience Hofstra Specialty Camps with typically developing peers. REACH provides a safe and positive setting for campers with disabilities to be fully included into all activities and enjoy peer interactions with supports and/or modifications when necessary. REACH provides a perfect setting for ongoing interventions during summer break. Campers have ample opportunities to generalize and enhance social daily living skills. REACH is dedicated to providing a summer camp experience in which campers with special needs can learn, grow and have fun in a safe and supportive environment with their peers. Campers improve communication, and social and daily living skills in recreational environments.

Hooves of Hope

135A Middle Neck Rd.

Sands Point, NY 11050

516-873-7100 x550

www.hoovesofhope.com

Contact: Johnny Ferrara, Cofounder and Executive Director

Contact: Diane Schubach: dschubac@optonline.net

Ages 5 and up; Children with Autism

Hooves of Hope is an equine program serving children with autism that was established by the Sonny Garguilo Riding Center for Kids, strongly committed to enriching the lives of children with autism through equine-assisted activities. Hooves for Hope provides a professional team of caring and well trained individuals working together to help children with autism benefit from the unique relationship between humans and horses.

HOPE Fitness

1784 Hempstead Turnpike

East Meadow, NY 11554

(This address is for correspondence only)

877-396-HOPE

info@HOPEfitness.com

www.HOPEFitness.com

Gym located at: 1615 Ninth Ave, Bohemia, NY 11716

The mission of HOPE Fitness is to bring fun and challenging opportunities to participate in activities for youths and adults with intellectual, developmental and physical disabilities. HOPE Fitness strives to improve the lives and general health of the disabled population by providing a customized exercise curriculum based on the needs and abilities of each individual client. Fitness programs include aerobic classes, weight training, group fitness training, and personal (one-on-one) fitness training.

Horse Ability Inc.

238 Round Swamp Rd.

Melville, NY 11747

516-631-1646 or 631-367-1646

www.horseability.org

Contact: Tara Lynn Russell ext. 12 Executive Director

Children 12-17 and young adults 18 and up

Summer Day Camp, volunteer opportunities, respite programs

Founded in 1993, Horse Ability is a non-profit organization with 501©(3) status. Horse Ability is one of the North America Riding for the Handicapped Association (NARHA) premier accredited centers on Long Island. Horse Ability's mission is to offer a wide range of horse related programs to children, adults and families with special needs to promote the physical, psychological, emotional, social and spiritual well being of its participants. Horse Ability offers a wide range of opportunities for clients including a Therapeutic Riding Program, Hippotherapy Program, one-week Summer Day Camp and an Equine Facilitated Therapy Program.

Independent Group Home Living Program, Inc. (IGHL)

221 North Sunrise Service Rd.

Manorville, NY 11949

631-878-8900

flombardi@ighl.org

www.ighl.org

Children ages 12-17 and young adults 18 and up

IGHL's mission is to provide programs, services and supports for people with developmental disabilities so they can realize their full potential as human beings and contributing members of their community. Resources include overnight freestanding respite houses, Saturday recreation, in-home respite, community recreation habilitation, recreation travel program, Friday evening respite, weekend camp respite, family support group and community activities.

Long Island Communities of Practice (LICOP)

Long Island Communities of Practice

PO Box 5013

Montauk, NY

info@licop.org

631-668-4858

A not-for-profit organization, family run and youth driven offering year round inclusive social and recreational programs for children with disabilities and their families on Long Island. Programs include acting camp, art programs, beach bonfires, bowling, fishing, kayaking, swim lessons, miniature golf, movies, rock and roll camp, surfing and sailing.

Life's WORC

1501 Franklin Ave.

Garden City, NY 11530

516-741-9000

ffaga@lifesworc.org

www.lifesworc.org

Contact: Florence Faga LCSW Admissions Coordinator

Ages 1- Adult with developmental delays

Must meet NYSOPDD criteria

Programming to include **Act One Drama Club** and **Recreation**

Act One Drama Club is in Garden City. Recreation is in Deer Park for ages 13 and older.

Saturday socialization groups for children with autism year round

Long Island Jr. Soccer

701-9 Koehler Ave.

Ronkonkoma, NY 11779

631-648-9020

www.ljsoccer.com

Contact: Anne Marie Toth

Recreational and travel soccer for children ages 5 and up. Offers programs for children with special needs.

Middle Country Library

101 Eastwood Boulevard

Centereach, NY 11720

631-585-9393

www.mcpl.lib.ny.us

This library serves as a community resource database for those with special needs.

Nassau Community College

Lifelong Learning

One Education Drive

Garden City, NY 11530

516-572-7472

lifelonglearning@ncc.edu

www.ncc.edu/Lifelonglearning

More than 300 courses are offered including special programs for living, GED preparation, language skills, dance, sports, recreation and entertainment, etc.

Young adults 18 and up

New York Institute of Technology, Vocational Independence Program

300 Carleton Ave.

Central Islip, NY 11722

631-348-3139

www.nyit.edu/vip

Contact: Sheree Incorvaia sincorva@nyit.edu

Ages 16-21, Young Adults 21 and over

NYIT Vocational Independence Program's mission is to maximize the potential of individuals with learning differences by teaching skills and strategies and providing support necessary for successful independent lives.

NYIT has a seven week summer program entitled Introduction to Independence. This is a summer work study recreation program for students ages 16 to 22. It consists of high school students as well as those enrolled in vocational post-secondary programs with moderate to severe learning differences. High school students in the program are introduced to a college campus and the responsibilities and rewards of living away from home. For the post-secondary students, the program reinforces their classroom education and offers them an expanded social and vocational experience.

Pal-O-Mine Equestrian, Inc.

829 Old Nichols Rd.

Islandia, NY 11749

631-348-1389

Contact: Lisa Gati

info@pal-o-mine.org

www.pal-o-mine.org

All special needs populations ages 12-21 and young adults 21 and up

Pal-O-Mine Equestrian horseback riding brings about benefits to its riders through stretching both mind and muscles. The program provides improvements in posture, balance, coordination, muscle tone, confidence and self worth.

Rolling Thunder Special Needs Program

164 Robinson Ave.

Medford, NY 11763

Athletics for the disabled

Contact: Steve Cuomo cuomos1@optonline.net

Rolling Thunder Special Needs Program is a non-profit organization dedicated to providing challenged individuals with the opportunity to successfully participate in all levels of mainstream athletics. Rolling Thunder is open to developmentally and/or physically challenged individuals, ages 5 or older, regardless of disability. Support team is open to siblings and other family members, as well as members of the community willing to volunteer their time and effort.

Search Beyond Adventures

PO Box 18

Brimfield MA 01010

413-283-9700

800-800-9979

www.searchbeyond.com

Young adults, ages 17 and up

Founded in 1979, Search Beyond Adventures provides all-inclusive escorted vacations for travelers with disabilities and special needs, ages 17 and up. Travelers may have developmental disabilities, may have only a physical disability (e.g. muscular dystrophy, multiple sclerosis, traumatic brain injury, etc.) or may have both a physical and developmental disability. Many tours can accommodate wheelchair users.

SHINE (Special Horses Instructing Noble Equestrians)

PO Box 357

Old Bethpage, NY 11804

516-551-1491

Contact: Barbara Kruger, Program Director Barbara@myshineprogram.com

Riding Lessons located at:

Sweet Hills Riding Center

Sweet Hollow Rd.

Melville, NY 11743

631-351-9168

SHINE is a therapeutic riding program for individuals with disabilities such as autism, down syndrome, learning disabilities, hearing and vision impairments, low muscle tone, sensory integration and anxiety disorder. Growth is nurtured through the bond developed between rider and horse. Individual and group lessons are available.

Sid Jacobsen JCC

Harry and Jeanette Weinberg Building

300 Forest Dr.

East Hills, NY 11518

516-484-1545

www.sjjcc.org

Ages 12-Adult

Day camp, sleep away camp, vocational experience

For over 28 years, Sid Jacobson Jewish Community Center has been a respected provider of programs for children, youth, teens and young adults with special needs. Programs include support groups, respite, music programs, sports, drama and fitness programs, and camps.

- **Camp Kehilla Day Camp**

www.sjccamps.org/campBMW/daycamp.html

Ages: 5-16

Camp Kehilla provides an emotionally safe environment for children with special needs who are not able to meet the socialization demands of typical local day camps, but who are too high functioning for traditional special education camps that service developmentally challenged youngsters. Camp Kehilla's goal is to provide an exciting and positive summer experience, while maintaining gains made by each child as a result of his/her regular education.

- **Kehilla at Round Lake Sleep-Away Camp**

www.roundlakecamp.org

Ages 7-18

Round Lake is a unique camp experience with over 25 years of experience serving children and teens with ADD/ADHD, Asperger's syndrome and mild social skill disorders. Round Lake's program of therapeutic recreation is designed so that every activity - recreational, social, and educational - is planned to meet the capabilities of each child.

- **Henry Kaufman Campgrounds**

75 Colonial Spring Road

Wheatley Heights, NY 11798

516-643-9696

Director: Lisa Warren, LCSW, Special Needs Social Worker 516-484-1545 x 215

lwarren@sjcc.org

- **Kehilla Vocation Experience**

www.sjccamps.org/campBMW/experience.html

Ages 17-21

The Kehilla Vocation Experience gives campers with special needs who have aged out of existing camp programs the opportunity to continue to grow with the JCC.

Southampton Fresh Air Home (SFAH)

36 Barkers Island Road
Southampton, NY 11968
631-283-5847

www.sfah.org

Ages 8-18

SFAH is one of the few residential camp facilities in the eastern United States that accommodates severely as well as mildly and moderately physically challenged children. SFAH provides an environment in which campers play, socialize, mature and develop physically, emotionally and psychologically. SFAH encourages self confidence and new skills and attitudes to enable its campers to live more rewarding lives. During their time at SFAH, campers will develop a sense of community, a sense of belonging and a sense of equality.

Special Olympics - NY/LI Region

819 Grand Blvd.

Deer Park, NY 11729

www.specialolympicsny.org

Contact: Diana Colonna, Director of Program dcolonna@nyso.org

631-254-1465 x 15

Ages 12-17 and young adults 18 and up

Special Olympics NY/LI's mission is to provide year-round sports training and athletic competition of Olympic style sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in the sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community. Their goal is to help bring all persons with intellectual disabilities into larger society under conditions whereby they are accepted, respected and given the chance to become useful and productive citizens.

Suffolk County Police Activity League (PAL)

30 Yaphank Ave.

Yaphank, NY 11980

631-852-6109

www.suffolkcountypal.org

Ages 12-17 and young adults 18 and up

Suffolk County Police Activity League is a not-for-profit organization. PAL's mission is to prevent juvenile delinquency and aid in the development of good citizenship through positive interaction of youth and police officers. Programs include basketball, soccer, bowling, karate, fitness, track, baseball, lacrosse, etc.

Sprout

893 Amsterdam Ave.
New York, NY 10025
212-222-9575

www.gosprouit.org

Ages: Young Adults 21 and up

Founded in 1979, Sprout is an innovative organization that serves over 1800 people with special needs each year. Sprout is a private, non-profit organization dedicated to helping individuals with developmental disabilities and mental retardation grow through challenging and safe travel experiences. Based in New York City, Sprout's programs are available to people with MR/DD and the agencies that serve them throughout the United States.

STARS

Friends Academy
Locust Valley Duck Pond Road
Locust Valley, NY 11560
516-849-4040

<http://saturdaystars.com>

Contact: Michael Trotta Mt5296@aol.com

Ages 12-19 with Autism

The STARS Recreation and Socialization Program meets weekly at the Friends Academy School in Locust Valley. The program serves individuals with developmental disabilities from the ages of 5-21. STARS offers a well structured day program and provides services in art therapy, music therapy, dance and movement and adaptive physical education. The program is facilitated by a professional staff with experience in the field of developmental disabilities. Set on rolling hills with ball fields, an indoor and outdoor track, hiking trails, and a huge playground.

STRIDE (Sports and Therapeutic Recreation Instruction/Developmental Education)

PO Box 778
Rensselaer, NY 12144
516-598-1279

info@stride.org

www.stride.org

STRIDE was founded in 1986 as a not-for-profit volunteer organization dedicated to enriching the lives of individuals with disabilities through sports and recreational opportunities. STRIDE's primary efforts focus on directing and providing enriching recreational opportunities for individuals with disabilities or other special needs. Resources

include adaptive sports, golf, swimming, bowling, camping as well as learning to ride a bike, dance, sailing, and Project Stride.

Suffolk Y JCC

74 Hauppauge Rd.

Commack, NY 11725

631-462-9800

www.suffolkjcc.org

Contact: Eileen Schneyman, LMSW Asst. Executive Director 631-462-9800 x 113

Ebs427@jcca.org

Ages: children and young adults up to 21 with Autism, ADHD, Down Syndrome, Learning Disabled, etc.

Suffolk YJCC provides after-school socialization, vacation and camp programs for children with a variety of special needs. Also includes Snoezelen, an innovative multi-sensory environment that offers a soothing and stimulating atmosphere for children and adults with autism, cerebral palsy and other developmental delays.

Summit Camp and Travel

322 Route 46 West, Suite 210

Parsippany, NJ 07054

800-323-9908

info@summitcamp.com

www.summitcamp.com

Ages: Children and teens 7-17 for camp and young adults 15-19 for traveling

The Summit Camp and Travel program is structured so that campers receive regular instruction in the widest possible variety of recreational skills, and are able to judge and appreciate their own progress. At the same time, this program is flexible so that each child can pursue areas of individual interest. Through individual guidance and the maintenance of realistic and consistent expectations, opportunities for self understanding, social development, creation of friendships and improvement of interpersonal living skills is nurtured.

Town of Brookhaven Parks and Recreation

Special Recreation Programs for Adults

631-451-6108

TOB Parks and Recreation offers programs for mentally/developmentally handicapped young adults and adults who reside in the Town of Brookhaven. Transportation is not provided. Programs include bowling, walking club, exercise classes, dances, miniature golf, movies, crafts and bingo. Participants must be registered with the Special Recreation Program to participate.

YAI National Institute for People with Disabilities

Long Island Respite
211 Old South Path
Melville, NY 11747

www.yai.org

Contact: Norm Silverman, Camp Triumph 845-358-5700 x 117

nsilverman@yai.org

Ages: 12-17 and young adults 18 and over

Since its inception in 1957, YAI National Institute for People with Disabilities Network has been a national leader in the provision of services, education and training in the field of developmental and learning disabilities.

ZUMBA

631-455-2264

Contact: Judy Saunders

J.M.saunders@hotmail.com

This is a specially designed program to bring the exciting Zumba experience to the special needs adolescent and young adult population. It's a fun, success oriented program that combines rhythm and dance in a supportive, encouraging environment.