

September



Dear Parent/Guardian:

I would like to take this opportunity to introduce myself as your child's **Health Education** teacher for the upcoming school year.

During the course of this year, your child will be provided with numerous and varied learning experiences filled with health concepts and life skills consistent with Three Village School District's *Essentials for Learning*. More specifically, by the end of the school year, your fourth-grade child will be better able to:

- 4 recognize attitudes that contribute to positive self-esteem;
- 4 identify safety practices for general and personal well-being;
- 4 define problems related to the use of tobacco, alcohol, and caffeine;
- 4 incorporate personal health habits that contribute to a healthful life style;
 - 4 demonstrate knowledge of the digestive system and healthful nutritional choices;
 - 4 recognize ways to prevent problems associated with the digestive system and communicable diseases; and
- 4 develop an understanding of the growth and development of body systems.

Please do not hesitate to contact me at the school (631) 730-4200 or via e-mail: kfiorero@3villagecsd.org with any questions or comments that may arise throughout the course of the year.

I look forward to an enjoyable and productive year working with your child!

Sincerely,

Kristina K. Fiore-Rosenfeld
Health Education Teacher
Minnesauke Elementary School